



Rejoice!...Philippians 4:4-9

"Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus."

...Philippians 4:4-7 (NIV)

• "A rejoicing heart soon makes a praising tongue." ~ Charles Spurgeon

• "It is about your outlook towards life. You can either regret or rejoice." ~ Ralph Waldo Emerson

• "God expects you to have enough faith and determination and enough trust in Him to keep moving, keep living, keep rejoicing. In fact, He expects you not simply to face the future (that sounds pretty grim and stoic); He expects you to embrace and shape the future--to love it and rejoice in it and delight in your opportunities. God is anxiously waiting for the chance to answer your prayers and fulfill your dreams, just as He always has. But He can't if you don't pray, and He can't if you don't dream. In short, He can't if you don't believe." ~ Jeffrey R. Holland

"It is about your outlook towards life. You can either regret or rejoice." ~ Ralph Waldo Emerson

• "We are not driven by circumstances and situations, but by faith and an active relationship with our Lord Jesus Christ."

1. Rejoicing in every situation... *How we deal with where we're at today!*

Scripture: *Philippians 4:4...Rejoice in the Lord always. I will say it again: Rejoice!*

- Mindset
- Motivation
- Methodology

2. Jesus is ALWAYS here with us...

Scripture: *Philippians 4:5...Let your gentleness be evident to all. The Lord is near.*

3. Trust God Completely...

Scripture: *Philippians 4:6...Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.*

4. Experience His Peace...

Scripture: *Philippians 4:7...And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.*

5. Put into Action...

Scripture: *Philippians 4:8-9...Finally, brothers and sisters, whatever is true (Word of God), whatever is noble (honorable), whatever is right (right and good), whatever is pure (holy...1Peter 1:14-16), whatever is lovely (beautiful), whatever is admirable (respectable, note worthy)—if anything is excellent or praiseworthy--think about such things. Whatever you have learned or received or heard from me, or seen in me--put it into practice. And the God of peace will be with you.*

6. Advice and Encouragement...

- Take this time to be a "doer of the Word and not only a hearer" (James 1:22-25).
- Commit yourself to spending time every day in God's Word and in prayer.
- Live out your life and commitment to our Lord Jesus as an active Man of God.
- We are not driven by circumstances and situations, but by faith and an active relationship with our Lord Jesus Christ.

Words of
Wisdom

From the Word

Group Discussion

1. READ these verses from 1Corinthians 15 and 16...

"Therefore, my beloved brothers, be steadfast, immovable, always abounding in the work of the Lord, knowing that in the Lord your labor is not in vain." ~1Corinthians 15:58

"Be watchful, stand firm in the faith, act like men, be strong. Let all that you do be done in love." ~1Corinthians 16:13-14

In what way do these words from from 1Corinthians apply to our response to this situation (situation with the CoronaVirus), the way we lead our families right now, and the way we interact with those around us?

2. READ Philippians 4:4-7 ...

In what ways does this give us clarity, stability, and purpose when we are experiencing difficult situations?

3. READ Philippians 4:8-9 ...

Describe how each of characteristics listed (*true, noble, right, pure, lovely, admirable, extremely, praiseworthy*) plays out in your own life. What is the effect of turning your "Mindset" on these things?

4. READ each of the following...Describe how each can/should look in your life today...

- Take this time to be a "doer of the Word and not only a hearer" (*James 1:22-25*).
- Commit yourself to spending time every day in God's Word and in prayer.
- Live out your life and commitment to our Lord Jesus as an active Man of God.
- We are not driven by circumstances and situations, but by faith and an active relationship with our Lord Jesus Christ.

Prayer

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

(It's great to know that other guys are praying for the important things in your life...and it's great to be praying for the important things in their lives!)

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?

Discuss your answer with your group...

- Prayer (*Relationship*)
- God's Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)