

Troy Dewey



## Maranatha Men's Training Camp

# Life in the Balance...

## 5 Essential Areas of a Man's Life

### *The 5 Essential Areas - Finishing Strong*

"I have fought the good fight, I have finished the race, I have kept the faith..." *2 Timothy 4:7*

"...let us run with endurance the race that is set before us," *Hebrews 12:1 (ESV)*

*For this Series, 3 words are important for us to learn and know...as they describe the necessary steps to moving forward in growth, dedication, and diligence...as men who understand God's Word, and are purposeful to do as it says...*

## MAIN

- **Mindset:** How you think. What you believe. (How you think will have a direct effect on how you live).
- **Motivation:** That which inspires you to take what you believe and put it to action.
- **Methodology:** What you are going to do to make it happen. The committed steps and actions you are going to take to grow as a man of God and see your life changed for the better!

### Recognizing and Giving Attention to the Essential Areas of our lives...

*The strength or weakness of these essential areas will have a direct effect on your life...*

- **Spiritual** (Commitment, Faith, Relationship with Jesus)
- **Personal** (Choices, Priorities, Physical/Emotional Health)
- **Vocational** (Career, Job, Business)
- **Financial** (Budget, Finances, Viewpoint)
- **Relational** (Spouse, Kids, Friends, Co-Workers)

**Note:** Ignoring these areas of our lives will not diminish the impact of each area...they all are interconnected.

### Our Spiritual Mindset...

Scripture: Micah 6:8 , James 1:22-25 , Ephesians 2:1-10 , Romans 5:6-11

### Our Personal Mindset...

Scripture: Psalms 27:4 , Proverbs 3:5-7 , 1 Peter 1:13-21 , and Hebrews 12:1 ... (dwell, trust, and obey the Lord)

### Our Vocational Mindset...

Scripture: 1 Thessalonians 4:11-12

### Our Financial Mindset...

Scripture: 1 John 2:15 , Matthew 19:16-24 , Matthew 25:14-27 , Malachi 3:10

### Our Relational Mindset...

Scripture: 1 Peter 1:13-23 , Matthew 22:37-40 , Philippians 2:3-4 , John 15:5 , 1 John 3:16-18 , Matthew 5:14-16

From the Word

## Group Discussion

**Mindset, Motivation, and Methodology of What You Believe...**

Your *Mindset* has to do with *How You Think*, and *What You Believe*. In this series we have talked about our *Spiritual, Personal, Vocational, Financial, and Relational* Mindsets, all of which have a direct effect on who we are as men, as husbands, as dads, as friends and brothers, as co-workers, and simply as people. How we think and what we believe regarding these areas make up who we are as men, and how we respond to life...so having a clear and God-centered Mindset is essential...

1. Describe your current Mindset in the following areas of your life, and why having a God-centered Mindset is so important. Has this changed at all since the beginning of our "Life in the Balance" Study? ...in what ways?

- Spiritual
- Personal
- Vocational
- Financial
- Relational

2. When it comes to your *Spiritual, Personal, Vocational, Financial, and Relational* areas of your life, what effectively gets you on-track (*Motivates* you) to learn grow, and improve?

What effectively keeps you on-track (effective *Methodology* you use) to remain consistent with a God-centered Mindset?

3. Looking at the **5 Principles for the Christian Man** listed below

## Prayer

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

*(It's great to know that other guys are praying for the important things in your life...and it's great to be praying for the important things in their lives!)*

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?

*Discuss your answer with your group...*

- Prayer (*Relationship*)
- God's Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)