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Maranatha Men's Training Camp

Life in the Balance...

5 Essential Areas of a Man's Life



Our RELATIONAL Mindset

"And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. This is the great and first commandment. And a second is like it: You shall love your neighbor as yourself. On these two commandments depend all the Law and the Prophets." ...*Matthew 22:37-40 (ESV)*

For this Series, 3 words are important for us to learn and know...as they describe the necessary steps to moving forward in growth, dedication, and diligence...as men who understand God's Word, and are purposeful to do as it says...

MAIN POINT

- **Mindset:** How you think. What you believe. (How you think will have a direct effect on how you live).
- **Motivation:** That which inspires you to take what you believe and put it to action.
- **Methodology:** What you are going to do to make it happen. The committed steps and actions you are going to take to grow as a man of God and see your life changed for the better!

Recognizing and Giving Attention to the Essential Areas of our lives...

The strength or weakness of these essential areas will have a direct effect on your life...

- **Spiritual** (Commitment, Faith, Relationship with Jesus)
- **Personal** (Choices, Priorities, Physical/Emotional Health)
- **Relational** (Spouse, Kids, Friends, Co-Workers)
- **Vocational** (Career, Job, Business)
- **Financial** (Budget, Finances, Viewpoint)

Note: Ignoring these areas of our lives will not diminish the impact of each area...they all are interconnected.

Foundation for our Relational Mindset...

Scripture: 1Peter 1:13-23 , Matthew 22:37-40 , Philippians 2:3-4 , John 15:5

Motivation for Right Relationships...

Scripture: 1John 3:16-18 , 1John 3:23-24 , 1John 4:7-11 , Matthew 5:14-16

What's God say about the Methodology for our Relationships?...

Scripture: 1Peter 3:7-12 , Ephesians 5:25-33 , Ephesians 6:4 , Ephesians 4:26-27

Mindset, Motivation, and Methodology of What You Believe...

Your *Mindset* has to do with *How You Think*, and *What You Believe*. When it comes to your “*Relational Mindset*”, we are talking about something that affects every area of our lives, because the way we relate to other people, especially those within our family and who enter into our daily lives, has a direct and immediate effect on our thinking and emotions each day.

The way you view relationships, how you treat people, and the manner you reflect our Lord Jesus within the different relationships you have, all are impactful and significant evidence of who you are as a person, what/who is most important to you, and who you reflect in your life.

1. So with that in mind...Answer the following questions with what IS TRUE, not what you think should be true!

- What is the purpose of relationships in your life?
- In all honesty... Who's happiness, joy, affirmation, or encouragement do you seek to increase each day? Explain...

• Fill in the blank: *Relationships are an opportunity for me to* _____ .

READ 1Peter 1:13-23 , Matthew 22:37-40 , Philippians 2:3-4 , John 15:5 together...

In what way(s) does this help your understanding or clarify your *Mindset* regarding relationships in your life?

2. How does *What You Believe* effect you *Motivationally*? What drives you to do better when it comes to relationships and the way you treat other people, beginning with your family, then others in your day...& Why?

READ 1John 4:7-11 , Matthew 5:14-16 together...

In what way(s) does this effect your *Mindset* regarding relationships in your life?

3. What are you going to do about it? What *Actions (Methodology)* do you currently take, or are you going to take, to apply this... What are you going to specifically do to improve, or nurture, the *Relationships* in your life? *Write them down...*

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

(It's great to know that other guys are praying for the important things in your life...and it's great to be praying for the important things in their lives!)