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Maranatha Men's Training Camp

Life in the Balance...

5 Essential Areas of a Man's Life



Our PERSONAL Condition

"Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us" ...Hebrews 12:1 (NKJV)

For this Series, 3 words are important for us to learn and know...as they describe the necessary steps to moving forward in growth, dedication, and diligence...as men who understand God's Word, and are purposeful to do as it says...

MAIN POINT

- **Mindset:** How you think. What you believe. (How you think will have a direct effect on how you live).
- **Motivation:** That which inspires you to take what you believe and put it to action.
- **Methodology:** What you are going to do to make it happen. The committed steps and actions you are going to take to grow as a man of God and see your life changed for the better!

Recognizing and Giving Attention to the Essential Areas of our lives...

The strength or weakness of these essential areas will have a direct effect on your life...

- **Spiritual** (Commitment, Faith, Relationship with Jesus)
- **Personal** (Choices, Priorities, Physical/Emotional Health)
- **Relational** (Spouse, Kids, Friends, Co-Workers)
- **Vocational** (Career, Job, Business)
- **Financial** (Budget, Finances, Viewpoint)

Note: Ignoring these areas of our lives will not diminish the impact of each area...they all are interconnected.

Our Personal Condition...

1) When considering Who you really are...What do you want for yourself regarding your Personal condition? Do you know what your hope, your desire, your goal ...for your life is? What matters most?

Scripture: **Psalm 27:4** , **Proverbs 3:5-7** , and **1Peter 1:13-21** ... (dwell, trust, and obey the Lord)

2) Life's Influences...

Scripture: **James 1:14-15**

3) How you invest...Taking Responsibility...

Scripture: **Colossians 3:1-17**, **Hebrews 12:1**, **Romans 12:1-2**, **Joshua 1:7-9**, and **1Corinthians 15:58 & 16:13-14**

4) God's desire (from His Word) regarding our Mindset, Motivation, and Methodology to life...

Scripture: **John 3:16-17 & Romans 8:13-17**, **Matthew 22:37-40**, **1Peter 1:13-21**, and **Matthew 5:14-16** (that we would know Him, love Him, obey Him, and reflect Him)

Mindset, Motivation, and Methodology of What You Believe...

1. Your *Mindset* has to do with *How You Think*, and *What You Believe*. When it comes to your “*Personal Mindset*”, we are talking about how you think and what you believe that leads to the choices you make, the priorities you’ve established, and your view on your own physical and emotional health.

So with that in mind...can you describe *What You Believe* is right and God’s will regarding your life, the choices you make, and the priorities you’ve established?

READ ***Ephesians 2:8-10, Galatians 4:4-7, and Colossians 3:1-17*** together...

In what way(s) does this help your understanding or clarify *What you Believe* or *How you Think* regarding your own Personal condition and responsibility?

2. How does *What You Believe* effect you *Motivationally*? In what ways does it encourage you to grow, and to be a better man than you are today?

3. What are you going to do about it? What *Actions (Methodology)* do you currently take, or are you going to take, to grow strong on a *Personal* level, as the man who God created you to be? *Write them down...*

READ ***Colossians 3:1-17, Hebrews 12:1, Romans 12:1-2, Joshua 1:7-9, and 1Corinthians 15:50 & 16:13-14*** together...

In what way(s) does this help your understanding or clarify what actions you should take regarding your own Personal condition and responsibility?

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

(It’s great to know that other guys are praying for the important things in your life...and it’s great to be praying for the important things in their lives!)

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?

Discuss your answer with your group...

- Prayer (*Relationship*)
- God’s Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)