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# Maranatha Men's Training Camp

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## Life in the Balance...

5 Essential Areas of a Man's Life



### Our SPIRITUAL Condition

"He has shown you, O man, what is good; And what does the LORD require of you But to do justly, To love mercy, And to walk humbly with your God? ...Micah 6:8

*For this Series, 3 words are important for us to learn and know...as they describe the necessary steps to moving forward in growth, dedication, and diligence...as men who understand God's Word, and are purposeful to do as it says...*

## MAIN POINT

- **Mindset:** How you think. What you believe. (How you think will have a direct effect on how you live).
- **Motivation:** That which inspires you to take what you believe and put it to action.
- **Methodology:** What you are going to do to make it happen. The committed steps and actions you are going to take to grow as a man and see your life changed for the better!

*"But prove yourselves doers of the word, and not merely hearers who delude themselves" ...James 1:22*

### Recognizing and Giving Attention to the Essential Areas of our lives...

*The strength or weakness of these essential areas will have a direct effect on your life...*

- Spiritual (Commitment, Faith, Relationship with Jesus)
- Personal (Choices, Priorities, Physical/Emotional Health)
- Relational (Spouse, Kids, Friends, Co-Workers)
- Vocational (Career, Job, Business)
- Financial (Budget, Finances, Viewpoint)

**Note:** Ignoring these areas of our lives will not diminish the impact of each area...they all are interconnected.

### Our Spiritual Condition...

**Knowing what we Believe...**

Scripture: Ephesians 2:1-10 and Romans 5:6-11

### Things we have to consider...

**What Weakens us Spiritually?**

**What Strengthens us Spiritually?**

## From the Word



SPIRITUAL

**Mindset, Motivation, and Methodology of What You Believe...**

1. Your *Mindset* has to do with *How You Think*, and *What You Believe*. When it comes to your “*Spiritual Mindset*”, we are talking about the foundation and core of everything in your life, because what you believe spiritually, and how you think, effects every other area of your life!

So with that in mind...can you describe *What You Believe*?

READ ***Ephesians 2:1-10*** and ***Romans 5:6-11*** together...

In what way(s) does this help your understanding or clarify *What you Believe*?

2. How does *What You Believe* effect you *Motivationally*? In what ways does it encourage you to grow, and to be a better man than you are today?

READ ***Romans 8:31-35***, ***Romans 8:37-39***, and ***James 1:22-25*** together...

How does this effect your motivation when it comes to your *Spiritual Condition*?

3. What are you going to do about it? What *Actions (Methodology)* do you currently take, or are you going to take, to grow strong *Spiritually*? *Write them down...*

Read ***Ephesians 4:17-24***, ***1Corinthians 15:58***, and ***1Corinthians 16:13-14*** together...

Describe

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

*(It's great to know that other guys are praying for the important things in your life...and it's great to be praying for the important things in their lives!)*

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?

*Discuss your answer with your group...*

- Prayer (*Relationship*)
- God's Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)