

Maranatha Men's Training Camp

Abounding Grace

Romans: Becoming a Man of God

Glenn Landerkin



The Healthy Soul

"I will be glad and rejoice in Your unfailing love, for You have seen my troubles, and You care about the anguish of my soul."
...Psalm 31:7 (NLT)

MAIN POINT

- *We will never be content if our soul is unsettled deep inside!*
- *"The health of your Soul isn't just a matter of saved or unsaved. It's the hinge on which the rest of your life hangs. It's the difference between deep, satisfied spirituality and a restless, dispassionate faith". ...John Ortberg*

Seeking to Satisfy the Soul:

1. Have you ever tried to find meaning apart from Jesus? (*whether you were either aware of it or unaware at the time*) ...Share it with your Group

2. What kinds of things did you pursue to satisfy your soul? What was the result and what did you learn?

The Pursuit of Meaning and Purpose:

1. When you look around at our world today, what things do you see people pursuing in order to fill their lives with meaning and purpose? ...Share it with your Group

2. Without casting judgment, what do you learn from your observation?

Group Discussion

Eliminating the Hurry!

1. If you could "ruthlessly eliminate" one thing in your life that causes hurry, what would it be?
2. What is the first step you will take to put this into practice?
3. How do the **5 Principles for the Christian Man** (below) relate to having a Healthy Soul?

Conclusion...

What did you learn from this study and tonight's discussion that you can apply to your life this week?

Discuss your answer with your group...

1. What stands out to you the most when you consider the "Condition of your Soul"?
2. What personal application or idea has God given you from this study? *...Share it with your Group*

Take a few moments to share any Prayer Requests with the men in your Group. Write down any requests and commit to pray for one another throughout the week.

(It's great to know that other guys are praying for the important things in your life...and it's great to be praying for the important things in their lives!)

**READING
PLAN**

Wednesday: 1Chronicles 16:7-36
Thursday: Isaiah 26:3-9
Friday: Philippians 4:4-9

Saturday: Psalm 8:1-9
Sunday: Psalm 1:1-6
Monday: Romans 6:1-23

**MEMORY
VERSE**

"You keep him in perfect peace whose mind is stayed on you, because he trusts in you. ..."
...Isaiah 26:3

How do the **5 Principles for the Christian Man**, help equip you to apply this to your life?

Discuss your answer with your group...

- Prayer (*Relationship*)
- God's Word (*Knowledge and Understanding*)
- Worship (*Adoration*)
- Fellowship (*Encouragement and Accountability*)
- Service (*Caring for Others, Action to your Belief*)